

# Emergency Kit – Tools and Supplies

## **HOUSEHOLD ITEMS**

- Paper goods, plates, cups, plastic utensils
- Map of area to find shelters or distribution points (street sign may be gone)
- Cash or travelers checks and change
- Battery-powered radio with extra batteries
- Flashlights with extra batteries
- Battery-powered clock with extra batteries
- First Aid Kit
- Fire extinguisher, small ABC type
- Duct tape
- Waterproofed matches
- Sewing kit
- Plastic storage containers
- Paper, pencils and pens
- Aluminum foil
- Plastic sheeting or tarps
- Basic tool kit (adjustable wrench, screw drivers, hammer, etc.)

#### **CLOTHING AND BEDDING**

- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and work gloves
- Thermal underwear
- Sunglasses

# **FOR BABY**

- Diapers
- Formula
- Bottles
- Powdered milk
- Medications

### **FOR ADULTS**

- All prescription medications
- Insulin if needed
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

#### **FIRST AID KIT**

- Sterile adhesive bandages in assorted sizes
- 2-inch sterile gauze pads (4-6)

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#### **SANITATION**

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags with ties
- Plastic bucket with tight lid \*
- Disinfectant
- Unscented household bleach
- Insect repellent

#### **SPECIAL ITEMS**

- Entertainment books, toys and games
- Important family documents to keep in a waterproof container:
  - Family records (birth, marriage, death certificates)
  - o Wills
  - o Insurance policies
  - Contracts
  - o Deeds
  - Stocks and bonds
  - Passports
  - Social Security cards
  - Immunization records
  - Bank account numbers
  - Credit card account numbers/company
  - Inventory of valuable household items

- 4-inch sterile gauze pads (4-6)
- Hypoallergenic adhesive tape
- Triangular bandages (3)
- 2-inch sterile roller bandages (3 rolls)
- 3-inch sterile roller bandages (3 rolls)
- Scissors
- Tweezers
- Needles
- Assorted sizes of safety pins
- Moistened towelettes
- Antiseptic
- Thermometer
- Tongue blades (2)
- Tube of petroleum jelly or other lubricant
- Soap
- Latex gloves (2 pairs)
- Sunscreen

# Non-prescription drugs

Aspirin or non-aspirin pain reliever

#### Anti-diarrhea medication

- Antacid (for stomach upset)
- Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- Laxative
- Activated charcoal (use if advised by the Poison Control Center)