



# FOURTH *of* JULY



## 5K\* Walk/Run

Saturday, July 2, 2022 - 8:00 AM

\$20.00 per person

\* Course is just over 5K at 3.5 miles.

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Sex: M F (Circle One)

Email \_\_\_\_\_ Shirt\* Size (Adult Unisex Sizes) S M L XL

Account Number \_\_\_\_\_ Select One: Run Run/Walk Walk

**\*Event shirts are limited, availability and size are not guaranteed after Thursday, June 9th.**

**Liability Waiver:** Upon Acceptance of my own entry I, for myself, my heirs & assigns, hereby release the Seabrook Island Property Owners Association, its employees and any and all sponsors & officials of this event from any & all liability arising from illness, injury, or death I may suffer as a result of participation in this event. I attest that I am physically fit & have sufficiently trained for this event & I am aware that my participation could, in some circumstances, result in physical injury. Should officials determine that completion of this event would be injurious to my health, I consent to be removed and treated by a physician in attendance of his/her direction. I give permission for free use of my name and picture in any broadcast, telecast, or written account of this event. I also understand that the entry fee is

**NONREFUNDABLE FOR ANY REASON.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if under 18) \_\_\_\_\_

**Thank you for signing up for the Seabrook Island's 5K\* Walk/Run.**

Walkers, Walk-Runners & Runners are all welcome.

- Race will start promptly at 8:00 AM from The Lake House. Please arrive at least 10-15 minutes early. Course is just over 5K at 3.5 miles.
- Participants will be placed in corrals to space out the start. This is a fun run. **A clock will be at the start/finish; however, there will not be official times recorded.**
- **Packet Pick-up** - Friday, July 1<sup>st</sup> 10:00 AM to 4:00 PM.
- Race Day Pick-up - 7:00 AM to 7:30 AM.
- There are **NO REFUNDS**.

If you have any questions, please email [imoqus@sipoa.org](mailto:imoqus@sipoa.org).